

Health Walks In Pairc Programme March 2020



Any amount of exercise is good, but more is better! Pairc has lots of easy walks that will help us to get moving and stay active in 2020. The following group walks have been organised for people to feel the benefits of everyday walking. Everyone Welcome!

When?	Where?	How Long?	Meet at 11:
Saturday 7 th March	Eishall to T Junction	45 minutes	Eishal Junction
Tuesday 10 th March	Orinsay	30 mins *Macmillan Friendly	Orinsay Hall
Saturday 14 th March	Loch Gaineamhaich	45 minutes	Lemreway Quarry, top of the hill
Tuesday 17 th March	Glen Gravir	30 mins *Macmillan Friendly	Gravir/Glen junction
Saturday 21 st March	Loch Catiobhal to T Junction	45 minutes	Marvig, Loch Catiobhal picnic bench
Tuesday 24 th March	Cromore	30 mins *Macmillan Friendly	No. 13 Cromore, by Crobeg
Saturday 28 th March	Loch Sgibacleit	50 minutes	Bridge by the Keepers Cottage, Eishken Road
Tuesday 31 st March	Kershader Pavement	30 mins *Macmillan Friendly	Ravenspoint car park

For more details please contact Fiona on (01851) 880728 or info@pairctrust.co.uk.

Transport and Lift Shares available from Ravenspoint

